

Role play: Jasmine

Clinician: Jasmine is a 21 year old female who is being seen because she is worried she may have a sexually transmitted disease (STD). The provider has ordered lab work and completed an exam. Score the AUDIT, mark the zone of use, and consider what the goal of a brief intervention should be for a patient in this zone. (Do not read the 2nd page.)

Alcohol screening questionnaire (AUDIT)

One drink equals:



12 oz.
beer



5 oz.
wine



1.5 oz.
liquor
(one shot)

Questions	0	1	2	3	4
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times a month	2-3 times a week	4 or more times a week
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	0 - 2	3 or 4	5 or 6	7 to 9	10 or more
3. How often do you have five or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
9. Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, during the last year
10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year
Have you ever been in treatment for an alcohol problem? X Never <input type="radio"/> Currently <input type="radio"/> In the past					
I - 0-3 II - 4-9 III - 10-13 IV - 14+					

Total Score _____
 AUDIT Zone _____

Patient (read this information and use it to ‘play’ Jasmine):

Jasmine, you are a 21-year old female being seen because you recently engaged in unprotected sex and are worried you may have a sexually transmitted disease (STD). The health care provider has ordered lab work and has completed a physical exam. You only drink 2-4 times a month, but when you do drink, you often drink 7-8 drinks/shots.

These are some of your thoughts and feelings about your drinking; you may or may not disclose depending on how you are approached by the clinician:

You don't really think your drinking is "much" of a problem since you only drink a couple times a month, when you go out with friends to college parties; and you actually drink less than most of your friends. Maybe sometimes you think you drink too much. And you have had a few blackouts. You don't really like the taste of alcohol and so you "throw back shots" when you do decide to drink.

The last time you drank (2 weeks ago) was at a friend's party and you ended up drinking several shots of vodka. The last thing you remember from that night is making out with a guy and then the rest of the night is a blank. You think you may have had sex with him, but you are not sure. You've noticed an unusual vaginal discharge and you are worried you might have ended up with an STD from that night, since you don't really know this guy very well. You hate not being able to remember what happened that night.

You are an 8 on the readiness ruler for making a change in your drinking.