



# UNDERSTANDING SUBSTANCE USE DISORDERS



a science-based introduction



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Are you looking for...  
ACCURATE, SCIENCE-BASED INFORMATION ABOUT SUBSTANCE USE,  
SUBSTANCE USE DISORDERS (SUDS), AND SUD TREATMENT?

Understanding Substance Use Disorders is a 2-hour, self-paced online course designed for undergraduate and graduate students, behavioral health and health providers, and social services professionals who do not have a background in addictions or want a refresher.

## LEARN ABOUT:

- Why people start taking substances and the effects of substances.
- The continuum of substance use from not using (abstinence) to a substance use disorder.
- How substances affect the brain, causing a chronic, relapsing brain disease.
- Best practices for treating substance use disorders and maintaining recovery.

## REGISTER TODAY!



<http://bit.ly/UnderstandingSUD>

The course is FREE for a certificate of completion or \$10 for 2 hours of continuing education (CHES, CNE, NAADAC, NASW, NBCC)



Mid-America (HHS Region 7)

**ATTC**

Addiction Technology Transfer Center N  
Funded by Substance Abuse and Mental Health Services Administration

<http://attcnetwork.org/regional-centers/?rc=midamerica>



**SBIRT**

Screening, Brief Intervention,  
and Referral to Treatment  
for Substance Use

[www.sbirt.care](http://www.sbirt.care)

This course was developed by the University of Missouri-Kansas City (UMKC) School of Nursing and Health Studies' Collaborative to Advance Health Services, with funding by grants T1025355, T1026442, and T1024226 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA).